Vivian Rodriguez

Dr. Nancy Noonan

EDC 102: Introduction to American Education

September 20, 2015

Expertise Statement

What are people usually good at? Is it writing or painting? I am not quite sure but I know that I am good at cooking. I cook any type of pasta based cuisine, like pasta salad, spaghetti and meatballs to name a few. I am also an expert in making heart meals learned from my Dominican roots like mangu, sancocho, and flan. When I was young my favorite thing to do was watch my mother, older siblings or father cook breakfast, lunch and dinner. My favorite meal was always dinner. The delicious smells after a long day of school always brought a smile to my face, even in the worst of days. I have always been the type of person that learns by watching someone, I am a visual learner. At the age of six I began helping my mother peel potatoes or bring her ingredients from the refrigerator. As I grew older I started to do things more in the kitchen. My parents always called me the little mother of the family.

By the age of 12 I knew how to cook rice, lasagna, potatoes salad, chicken, beef and beans all by myself. All the family recipes were given to me because I was the one that would cook and clean in the household when my father left and my older siblings went to college. I loved being treated as the head cook with most of the cooking responsibilities, it molded me into the young lady I am now.

Years have passed, and now that I am an adult I am grateful for my parents and siblings for showing me how to cook, and letting me being a part of their cooking secrets. Being able to cook for one is truly important because food is essential part of our well-being. I am a great cook and I cannot wait to become a wife and mother so that my family can appreciate my talent of cooking.